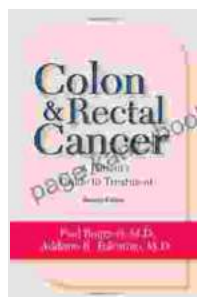


# Colon Rectal Cancer: From Diagnosis to Treatment - A Comprehensive Guide

Colon rectal cancer is the third leading cause of cancer-related deaths in the United States. It typically starts as a growth on the inner lining of the colon or rectum. If left untreated, it can spread to other parts of the body.



## Colon & Rectal Cancer: From Diagnosis to Treatment

by Paul Ruggieri

★★★★★ 5 out of 5

Language : English  
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Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Word Wise : Enabled  
Print length : 135 pages  
Lending : Enabled



The good news is that colon rectal cancer is often curable if it is found and treated early. That's why it is important to know the symptoms of colon rectal cancer and to get screened regularly.

## Symptoms of Colon Rectal Cancer

The symptoms of colon rectal cancer can vary depending on the location and size of the tumor. Some common symptoms include:

- Rectal bleeding

- Blood in the stool
- Changes in bowel habits, such as constipation or diarrhea
- Abdominal pain
- Weight loss
- Fatigue

If you experience any of these symptoms, it is important to see your doctor right away.

## **Diagnosis of Colon Rectal Cancer**

If your doctor suspects that you may have colon rectal cancer, they will Free Download one or more of the following tests:

- Colonoscopy: A thin, flexible tube with a camera on the end is inserted into the colon and rectum to look for polyps or tumors.
- Sigmoidoscopy: A thin, flexible tube with a camera on the end is inserted into the rectum and sigmoid colon to look for polyps or tumors.
- Biopsy: A small piece of tissue is removed from the colon or rectum and examined under a microscope to look for cancer cells.

If the biopsy confirms that you have colon rectal cancer, your doctor will Free Download additional tests to determine the stage of the cancer. The stage of the cancer will help your doctor determine the best course of treatment.

## **Treatment of Colon Rectal Cancer**

The treatment for colon rectal cancer depends on the stage of the cancer. The goal of treatment is to remove the cancer and prevent it from coming back.

The most common treatments for colon rectal cancer include:

- **Surgery:** Surgery is the most common treatment for colon rectal cancer. The type of surgery will depend on the location and size of the tumor.
- **Radiation therapy:** Radiation therapy uses high-energy beams to kill cancer cells. Radiation therapy may be used before or after surgery.
- **Chemotherapy:** Chemotherapy uses drugs to kill cancer cells. Chemotherapy may be used before or after surgery, or it may be used as a standalone treatment.
- **Targeted therapy:** Targeted therapy uses drugs that target specific molecules on cancer cells. Targeted therapy may be used alone or in combination with other treatments.
- **Immunotherapy:** Immunotherapy uses drugs to boost the body's own immune system to fight cancer. Immunotherapy may be used alone or in combination with other treatments.

## **Recovery from Colon Rectal Cancer**

After treatment, you will need to follow up with your doctor regularly to check for any signs of recurrence. You may also need to make lifestyle changes, such as eating a healthy diet, exercising regularly, and quitting smoking.

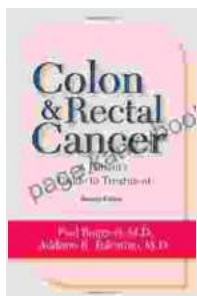
Recovery from colon rectal cancer can be a long and challenging process, but it is important to remember that you are not alone. There are many resources available to help you through this journey.

Colon rectal cancer is a serious disease, but it is often curable if it is found and treated early. If you experience any of the symptoms of colon rectal cancer, it is important to see your doctor right away.

With early diagnosis and treatment, you can increase your chances of a successful recovery.

## Resources

- American Cancer Society: <https://www.cancer.org/cancer/colon-rectal-cancer.html>
- National Cancer Institute: <https://www.cancer.gov/types/colorectal>
- Colon Cancer Alliance: <https://www.ccalliance.org/>



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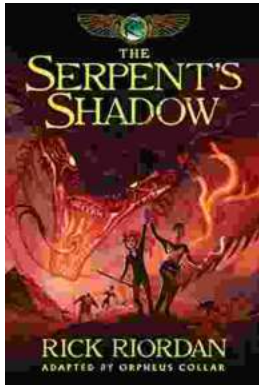
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