
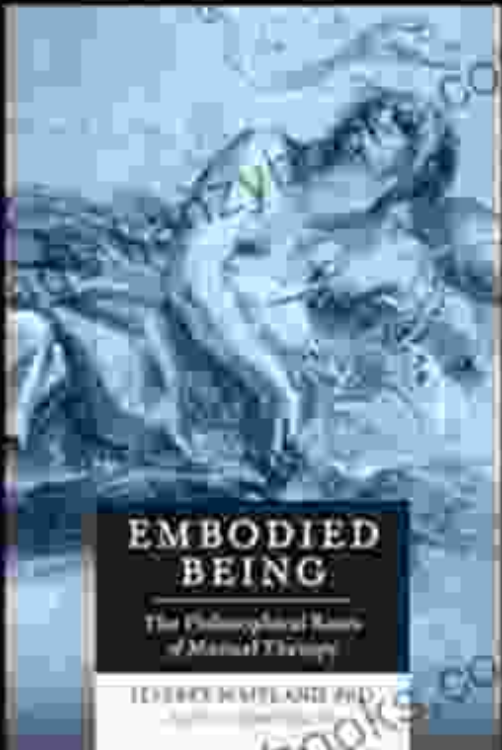
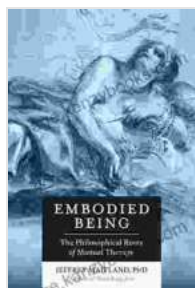



Embodied Being: The Philosophical Roots of Manual Therapy



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Embodied Being: The Philosophical Roots of Manual Therapy by Rachel Gemba

★★★★☆ 4.7 out of 5

Language : English
File size : 576 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 217 pages



What is Embodied Being?

Embodied Being is a new book by Dr. Michael Shea that explores the philosophical roots of manual therapy. The book argues that manual therapy is not just a physical treatment, but also a philosophical one. It is a way of understanding the body and its relationship to the mind and spirit.

The Philosophical Roots of Manual Therapy

Dr. Shea traces the philosophical roots of manual therapy back to the ancient Greek philosopher Aristotle. Aristotle believed that the body and mind are not separate entities, but rather two aspects of a single being. This view of the human person has been echoed by many philosophers since Aristotle, including Thomas Aquinas, René Descartes, and Immanuel Kant.

In the 20th century, the philosopher Maurice Merleau-Ponty developed a phenomenology of the body that has been influential in the development of manual therapy. Merleau-Ponty argued that the body is not merely an object, but rather a living, breathing, and thinking being. He also argued that the body is the primary way that we experience the world.

The Clinical Implications of Embodied Being

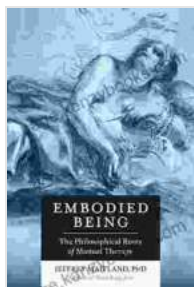
The philosophical roots of manual therapy have important implications for clinical practice. First, they remind us that manual therapy is not just a physical treatment, but also a philosophical one. It is a way of understanding the body and its relationship to the mind and spirit.

Second, they remind us that the body is not merely an object, but rather a living, breathing, and thinking being. This means that manual therapists must treat their patients with respect and compassion. They must also be aware of the patient's emotional and spiritual needs.

Third, they remind us that the body is the primary way that we experience the world. This means that manual therapists can help their patients to improve their quality of life by helping them to better understand and experience their bodies.

Embodied Being is a groundbreaking book that explores the philosophical roots of manual therapy. It is a valuable resource for manual therapists and for anyone who is interested in the relationship between the body and the mind.

To learn more about Embodied Being, please visit the book's website: <https://embodiedbeing.com>.



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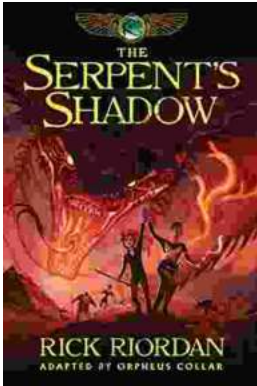
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