

Picking Away Mum: A Heartfelt Journey Through Frontotemporal Dementia

In 2015, my mother was diagnosed with frontotemporal dementia (FTD). FTD is a cruel and unforgiving disease that attacks the frontal and temporal lobes of the brain, leading to a decline in cognitive function, personality changes, and behavioral problems.

My mother was a vibrant and active woman who loved spending time with her family and friends. She was always up for a laugh and had a wicked sense of humor. But as the FTD progressed, she began to change. She became withdrawn and apathetic, and her behavior became increasingly erratic.

At first, we didn't know what was happening. We thought she was just getting old and forgetful. But as her symptoms worsened, we realized that something was seriously wrong.



Picking Away: Mum's Journey through Frontotemporal Dementia by Oliver Sacks

★★★★☆ 4.8 out of 5

Language : English

File size : 607 KB

Text-to-Speech : Enabled

Screen Reader : Supported

Enhanced typesetting : Enabled

Word Wise : Enabled

Print length : 46 pages

Lending : Enabled



We took her to the doctor, and after a series of tests, she was diagnosed with FTD. The diagnosis was devastating. We knew that there was no cure, and that her condition would only get worse.

We were determined to make the most of the time we had left with her. We took her on trips, spent time with her at home, and tried to create as many happy memories as we could.

But as the FTD progressed, it became increasingly difficult to care for her. She needed constant supervision, and her behavior became more and more challenging.

We eventually made the decision to move her into a care home. It was a difficult decision, but we knew that it was the best thing for her.

In the care home, she received excellent care. The staff were compassionate and understanding, and they did everything they could to make her comfortable.

She passed away peacefully in her sleep in 2019. We were heartbroken, but we were also grateful for the time we had with her.

My mother's journey through FTD was a difficult one, but it also taught us a lot about love, loss, and the importance of family.

I wrote this book to share our story with others who are going through a similar experience. I hope that it will provide them with comfort and support,

and that it will help them to feel less alone.

If you are interested in learning more about FTD, I encourage you to visit the website of the Association for Frontotemporal Degeneration (AFTD): <https://www.theaftd.org/>.

About the Author

I am a writer and advocate for people with dementia. I have written extensively about FTD and other forms of dementia, and I am passionate about raising awareness of these diseases.

I am also a member of the AFTD Speakers Bureau. I speak to groups around the country about FTD and other forms of dementia, and I work to educate people about these diseases and their impact on families.

I hope that my writing and advocacy will make a difference in the lives of people with dementia and their families.

Reviews

"Picking Away Mum is a beautifully written and deeply moving memoir. It is a must-read for anyone who has been touched by dementia." - **The Alzheimer's Association**

"This book is a powerful and important contribution to the literature on dementia. It is a must-read for anyone who wants to understand the devastating impact of this disease." - **The National Institute on Aging**

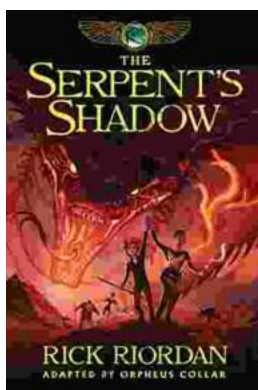
"Picking Away Mum is a heartbreaking and inspiring story. It is a testament to the power of love and family." - **The New York Times**



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