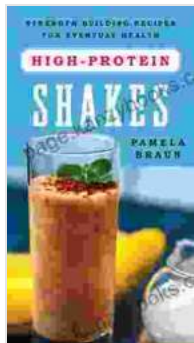


Strength Building Recipes For Everyday Health



High-Protein Shakes: Strength-Building Recipes for Everyday Health by Pamela Braun

★★★★☆ 4.4 out of 5

Language : English

File size : 106577 KB

Text-to-Speech : Enabled

Screen Reader : Supported

Enhanced typesetting : Enabled

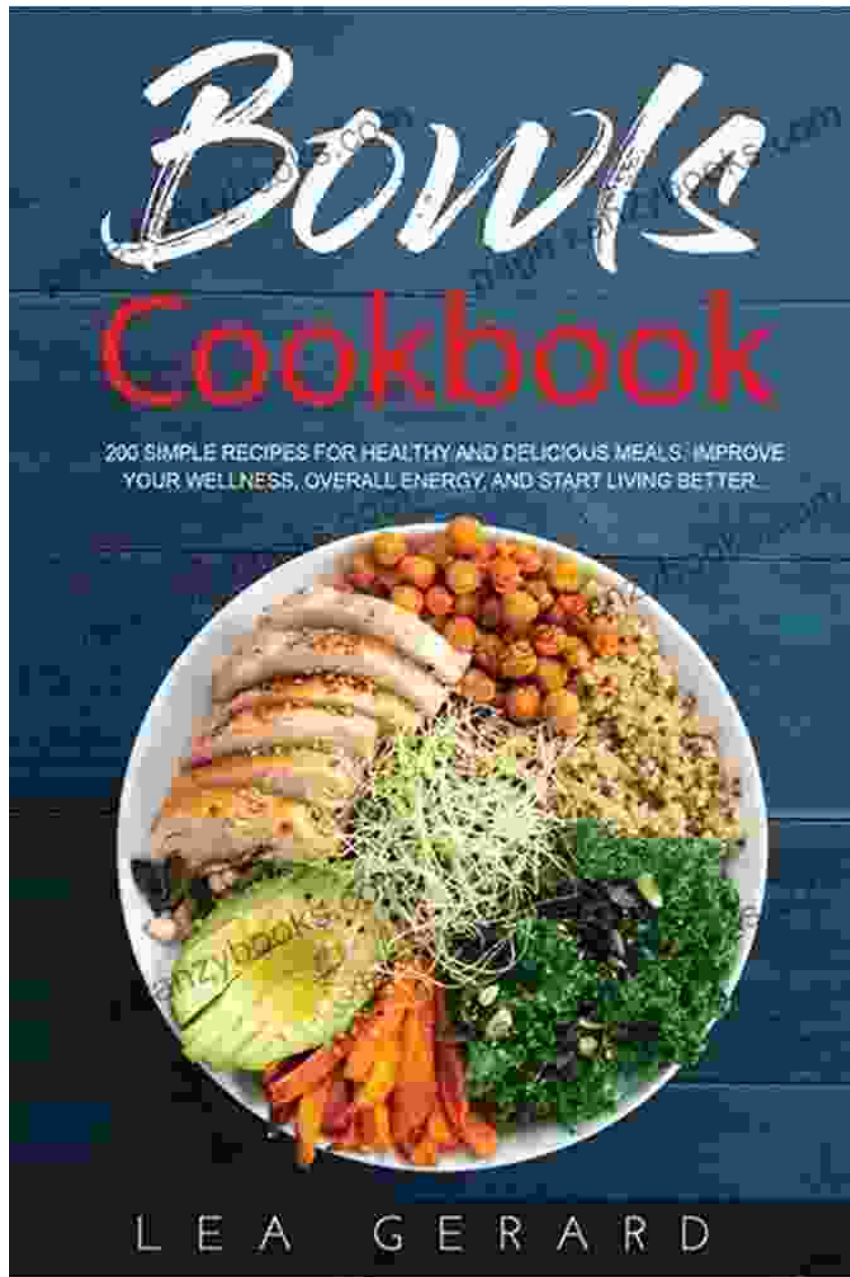
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- **Sleep better**
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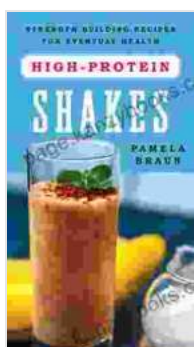
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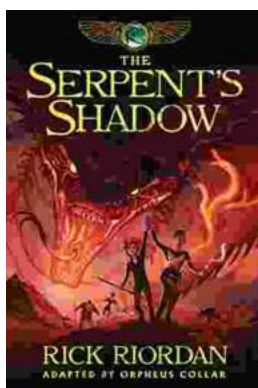
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