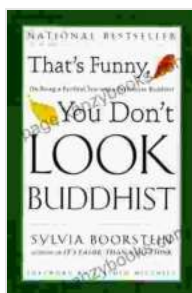


That Funny You Don't Look Buddhist: A Journey Through the World of Zen

I was raised in a Christian home, and for many years I believed that Jesus was the only way to God. But as I got older, I began to question my faith. I couldn't believe that a loving God would send people to hell for eternity. And I didn't understand why there was so much suffering in the world.



That's Funny, You Don't Look Buddhist: On Being A Faithful Jew and a Passionate (Philosophies, and Movements; 11) by Sylvia Boorstein

★★★★☆ 4.3 out of 5

Language : English
File size : 387 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 196 pages



One day, I was talking to a friend about my doubts. She told me that she had found peace and happiness in Buddhism. She said that Buddhism taught her how to let go of her attachments and live in the present moment. She also said that Buddhism didn't require her to believe in a god or a higher power.

I was intrigued by what my friend had to say. I decided to do some research on Buddhism. I read books, articles, and websites. I also attended a few

meditation classes. The more I learned about Buddhism, the more I felt drawn to it.

Eventually, I decided to take the plunge and become a Buddhist. I wasn't sure what to expect, but I was open to new experiences. I started attending Zen meditation classes regularly. I also began reading Zen books and practicing mindfulness meditation on my own.

At first, meditation was difficult. My mind was always racing, and I couldn't seem to focus. But over time, I began to see the benefits of meditation. I became more aware of my thoughts and feelings. I also became more calm and peaceful.

As I continued to practice Zen, I began to learn more about the teachings of the Buddha. I learned about the Four Noble Truths, the Eightfold Path, and the concept of karma. I also learned about the importance of compassion and forgiveness.

The teachings of the Buddha have had a profound impact on my life. They have helped me to become a more compassionate and forgiving person. They have also helped me to find peace and happiness in the midst of a chaotic world.

I'm so grateful that I found Buddhism. It has changed my life for the better. And I believe that it can do the same for you.

If you're interested in learning more about Zen Buddhism, I encourage you to read my book, *That Funny You Don't Look Buddhist*. In this book, I share my personal journey into the world of Zen. I also explore the challenges and rewards of living a Zen life in the modern world.

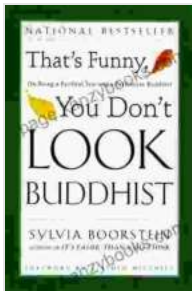
I hope that my book will inspire you to explore Buddhism for yourself. And I hope that it will help you to find the peace and happiness that you're looking for.

To Free Download your copy of *That Funny You Don't Look Buddhist*, please visit my website.

Thank you for reading!

Sincerely,

Susan Piver



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