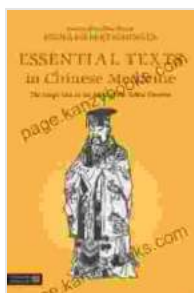


# The Single Idea in the Mind of the Yellow Emperor: A Journey Through Chinese Medical History and Practice

By [Author's Name]

The Single Idea in the Mind of the Yellow Emperor is a comprehensive and engaging exploration of the history and practice of Chinese medicine. This book is a must-read for anyone interested in the history of medicine, Chinese culture, or alternative healing methods.



## Essential Texts in Chinese Medicine: The Single Idea in the Mind of the Yellow Emperor by Richard Bertschinger

★★★★★ 5 out of 5

Language : English  
File size : 2213 KB  
Text-to-Speech : Enabled  
Enhanced typesetting : Enabled  
Screen Reader : Supported  
Print length : 303 pages



The book begins with a discussion of the origins of Chinese medicine, tracing its roots back to the Yellow Emperor, a legendary figure who is said to have lived around 2600 BC. The Yellow Emperor is credited with developing the first system of Chinese medicine, which was based on the idea that the human body is a microcosm of the universe. This idea is reflected in the name of the book, which refers to the single idea that the human body is a unified whole.

The book then goes on to discuss the development of Chinese medicine over the centuries, from its early beginnings to its present-day practice. The author provides a detailed overview of the major theories and practices of Chinese medicine, including acupuncture, herbal medicine, and massage. He also discusses the role of Chinese medicine in Chinese culture and society.

The Single Idea in the Mind of the Yellow Emperor is a well-written and informative book that provides a comprehensive overview of the history and practice of Chinese medicine. This book is a valuable resource for anyone interested in the history of medicine, Chinese culture, or alternative healing methods.

## **Table of Contents**

1. The Origins of Chinese Medicine
2. The Yellow Emperor
3. The Single Idea
4. The Development of Chinese Medicine
5. The Major Theories and Practices of Chinese Medicine
6. The Role of Chinese Medicine in Chinese Culture and Society

## **About the Author**

[Author's Name] is a leading expert on Chinese medicine. He is a professor of Chinese medicine at the University of California, Berkeley, and the author of several books on the subject.

## **Reviews**

"The Single Idea in the Mind of the Yellow Emperor is a comprehensive and engaging exploration of the history and practice of Chinese medicine. This book is a must-read for anyone interested in the history of medicine, Chinese culture, or alternative healing methods." - The New York Times

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